



HULA HOOP GAMES!



Hula Hoop Contest

This all time classic involves seeing who can swing their hoop the longest. Make it even more interesting by using more than one hoop at a time or alternating body parts—swing it around your waist, leg, arm, neck! Or, play in teams of two and see who can pass the hoop back and forth the most times.

Human Ring Toss

Half the gang spaces themselves around the lawn, acting as pegs; the rest of the crew takes turns throwing a hula hoop, trying to hook it around one of the human pegs as in a ring toss.

Lasso Yourself!

Take turns throwing the hoop up in the air, then trying to run under it so that it lands around you.

The Lawn is Lava

A cross between hopscotch and everyone's favorite game show, this is an obstacle course where the only safe place to stand is inside a hula hoop.

Hot Potato

Place the hula hoop around the person next to you, and keep passing it on until the music stops and the person standing inside the ring is out.

Rolling Races

Each contestant rolls the hoop along the ground until they reach the finish line, to see who gets there fastest.

Monkey In the Middle

A "monkey" stands in the middle while everyone else throws the hoop over their heads. If the "monkey" grabs the hoop, the person who threw it is the next monkey.

Jump-hoop Contest

Use the hoop instead of a jumprope and see how many times each person can jump it without messing up.

Shoot Some Hoops

Hang a hula hoop from a tree and use it as a target to throw a beach ball or shoot a water gun through.

Hoop Hole

You don't need a cornhole set to toss some beanbags around! Use a hoop as the target, stand far away and see who gets closest to the middle.

Freeze Hula Hoop

Everyone hula hoops as the music plays; when it stops, whoever gets their hoop to stop the fastest, wins.

